

Michelle Roos, LMT

Michelle is a Board Certified & Licensed Massage Therapist, as well as a Fascial Specialist, an educator, and a business owner in South Florida.



Michelle co-owns Cupping Canada Inc. and Cupping USA, with her husband Paul Kohlmeier, BPE, RMT, R.Ac. This dynamic duo has traveled internationally for years, providing education in Evidence-Informed Clinical Cupping Therapy, and retailing high-quality, medical-grade, professional Cupping supplies.

Over the course of her 22-year, 5 star mobile practice, she has become well-known and held in high esteem for her deep-tissue techniques and the expertise of her Cupping skills. Appointments in her busy practice frequently have been sought after by celebrities, musicians, professional athletes, as well as many others traveling into town. Her love for children also led Michelle to add Pediatric Massage Therapist to her skill set. For over 15 years,

Michelle worked as a sales representative and educator for one of the nation's top leading producers of topical pain relievers, and was also a sales rep for one of the top manufacturers of massage therapy lubricants. This allowed her to travel the world, educating practitioners in places like Amsterdam, the Netherlands; Seoul, South Korea; Barcelona, Spain; Dublin, Ireland; London, Canada; and all across the United States and the Caribbean.

As a professional massage therapist, Michelle has had the experience of working in a multitude of settings, including

hospitals; with chiropractors and physical therapists; at 5-star resorts and spas; as well as in VIP areas at sporting events, trades shows and health fairs; on yachts; for corporate offices; and while on tour and backstage with many musicians.



Michelle has worked with several professional sports organizations in the US. Her new business venture is Mobile Massage Mastery, The Method that Works, where she is mentoring massage therapists who are interested in operating a mobile practice. She will be releasing a new course and textbook in the upcoming months. When she isn't working, Michelle can usually be found in a hot yoga class, on the beach, kayaking, in a VIP area at some exciting event, or globe-trotting with her husband!