

Amanda Cooke, BA (sp. Hon), RMT

Amanda has a degree in Kinesiology and a background in fitness. She became a Registered Massage Therapist in 2011 and began practice at a busy multidisciplinary clinic in Mid-town Toronto where she practiced for 5 years doing both family and corporate wellness.



She had her first child in 2014 and became much more interested in the perinatal world of Massage Therapy. In 2016 Amanda moved her practice to the East end and started working more and more with prenatal clients, postpartum women, and children. She had her second child in 2017 and took a break from practice to stay home with her two children and work with her husband, Mark, on their growing continuing education company, ConEd Institute.

After being a stay at home Mom for over a year, Amanda started a small private practice and continued teaching with ConEd Institute. In June of 2018, Amanda and Mark started their podcast, 2 Massage Therapists and a Microphone which has provided another avenue for connecting with the RMT community and education.

